

Campaign Drug Free

Newsletter



Sailors Helping Students

Call toll free (800) 554-4542



NOSC Norfolk Sailors Give Back

"... It is our hope to reach out

to the community and make a

positive impact on the students."

—Storekeeper 1st Class Steve Lipscomb

By Mass Communications Specialist 1st Class Curt Cooper

NORFOLK, Va. (Oct. 25, 2006)—Sailors from Navy Operational Support Center (NOSC) Norfolk visited seven local elementary schools as part of Campaign Drug Free (CDF) Red Ribbon Week, Oct. 21-29. Led by Navy Counselor 1st Class Adrian Currie

and Hospital Corpsman 2nd Class Nicholos Minor, NOSC Sailors educated students about the negative effects of drugs with the help of

videos, role-playing exercises and question and answer sessions for prizes, interacting with approximately 4,500 children.

CDF is a free community outreach program of the U.S. Navy and Marine Corps, administered by Commander, Navy Reserve Force. The program serves as an educational presentation program developed for school-age children, typically 4th through 12th grade. These young people can be associated with schools, educational and recreational organizations, religious groups and community supported youth activities.

Red Ribbon Week began 20 years ago to honor the memory of Drug Enforcement Administration Special Agent Enrique "Kiki" Camarena, who was kidnapped, tortured and murdered 20 years

ago in Guadalajara, Mexico. Citizens of his hometown of Calexico, Calif., started to wear red ribbons shortly after

his execution. Fifteen years ago, the Secretary of Defense initiated awards to promote excellence in the Department of Defense antidrug organization and to encourage volunteer efforts by service members.

To many volunteers, the CDF program has a very special meaning on a personal level.

"I grew up in a really rough neighborhood in an impoverished



NORFOLK, Va. (Oct. 25, 2006)—Hospital Corpsman 2nd Class Nicholos Minor, assigned to Navy Operational Support Center (NOSC) Norfolk, interacts with students at Oceanaire Elementary School as part of the Navy's Campaign Drug Free community outreach program. Sailors from the NOSC Norfolk visited approximately 4,500 students at seven area schools during CDF "Red Ribbon Week", October 21-29. U.S. Navy photo by Mass Communication Specialist 1st Class Curt Cooper.

area with a drug house on every corner," said Minor, a nine year Navy veteran. "I've been around it all my life so I made a conscious decision that's not the life I want to be a part of. I also wanted to help others avoid that life."

Navy Counselor 1st Class Everett Currie added, "For me the most important thing is seeing the kids' ideas about drugs change and really educating them on the dangers of using drugs. It's coming into a school wearing our military uniform and being a positive role model for a drug-free lifestyle."

Information Systems Technician 3rd Class Theresa Jacobsen credits community outreach programs she saw as a child growing up in Jersey City, N.J., for her involvement.

"When I was growing up, going to public school, programs similar to Campaign Drug Free played a valuable role in my life and really did have a positive effect on me,"

For more information or if you'd like to be a CDF volunteer, contact the National Coordinator at CampaignDrugFree@navy.mil or call toll-free (800) 554-4542.



NORFOLK, Va. (Oct. 25, 2006)—Hospitalman Apprentice Tiffany Genard, displays drug paraphernalia to Oceanaire Elementary students during the Campaign Drug Free (CDF) community outreach program. U.S. Navy photo by Mass Communication Specialist 1st Class Curt Cooper.



Share your success stories!

Volunteers—Send photos and stories of your CDF experiences to both:

brette.brymer@navy.mil maria.escamilla@navy.mil

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Page 2

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MARYSVILLE, Wash. (Dec. 14, 2006)—(Above) Yeoman 1st Class Celia Mendez, assigned to Navy Readiness Command (REDCOM) Northwest, quizzes students of Marysville Middle School on their knowledge of drugs. U.S. Navy photo by Mass Communication Specialist Seaman Amie Roloson.



(Left) Yeoman 2nd Class Juan Piper, Command CDF Coordinator for REDCOM Northwest, captures student attention by speaking from the heart.

REDCOM Northwest CDF Team Inspires Marysville Students

"... Kids respect people in uniform and will listen to what

they have to say."

—Rhonda M<mark>oen, Interventi</mark>on Specialist

By Mass Communication Specialist Seaman Amie Roloson

MARYSVILLE, Wash. (Dec. 14, 2006)—Navy Reserve Readiness Command (REDCOM)
Northwest Sailors spent a day at Marysville Middle School, Marysville, Wash., as part of the Navy Flagship program, Campaign Drug Free (CDF).

Sailors spoke with 541 seventh

graders about drug awareness, making smart choices and having positive goals for the future.

The school's intervention

specialist, Rhonda Moen, welcomed the Sailors. "Just having the Sailors come to the school in uniform is an act of intervention," Moen said. "The kids respect people in uniform and will listen to what they have to say."

Yeoman 2nd Class Juan Piper, command CDF coordinator, said it is very important that Sailors use their influence for the cause of the CDF program. "Kids are the future of this country. They need

tools in case they are approached by someone who offers them drugs," Piper said.

Yeoman 1st Class Celia Mendez spoke about methamphetamines. "Use of methamphetamines is very heavy in this area," Mendez said. "I learned about them so I could help the children in the community. They are facing things I never had to face at their age."

Piper said talking with the kids was the most important aspect of the day. "I like to know a kid's story. If they had

experiences with drugs there are always many reasons for it. There is always something behind it," said Piper. "Even though we can't fix everything in one day, we can show them that there are outlets for help."

Moen said the CDF visit was something she'd like to see repeated. "I've heard nothing but good things from the students and teachers," Moen said. "I hope the Sailors will come again."



ORANGEBURG. S. C. (May 16, 2006)—Cmdr. Torilus O. Ward (in white uniform), National CDF Training Officer, stands with students and teachers

at the Whittaker Elementary Drill Team awards ceremony. Ward was the quest speaker, inspiring 3rd, 4th and 5th graders to "Just Say 'No' To Drugs."